



Thurgoland C of E Primary School
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Long Term Planning 24-25 EYFS

Most of PSHE education became statutory from September 2020 for Key stages 1 and 2, therefore we will be following the 1Decision programme. Booklets and videos/pictures for evidence. There is no programme of study for EYFS as PSHE is not a discrete curriculum subject within the EYFS framework. The EYFS statutory framework areas of Personal, Social and Emotional development and Understanding the World have close links to the PSHE education Programme of Study. Learning and development opportunities for these areas, as well as Communication and language, are interwoven within the pupils' experience through daily EYFS play-based activities, roleplay areas, quality children's fiction and reflective discussion to build pupil's knowledge, skills and attitudes and attributes related to PSHE elements of education. Therefore, PSHE is not just one dedicated lesson. It is a PRIME AREA of learning that includes:

- Making relationships
- Self-confidence and self-awareness
- Managing feelings and behaviours
- Health and wellbeing links with Physical development, Health and Self-Care.

This will be captured through the medium-term planning of whole provision plus evidence captured within the floor book.

Autumn 1+2	Making Relationships Children will get to know each other and members of staff. Children will further develop their friendships and relationships with members of	Self-confidence and self-awareness Children will build self-awareness and their confidence will grow with time, relationships, routine and	Managing feelings and behaviours Children will discuss right and wrong; create and follow rules within our new classroom and the whole school environment. They will begin	Health and wellbeing -links with Physical development Health and self-care Children will begin to understand the importance of their own health including physical
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	staff.	familiarity of school, peers and staff. Children will build self-awareness and their confidence will grow with time, relationships, routine and familiarity of school, peers and staff.	to communicate their feelings. Children will follow rules within our classroom, the garden area, small walled yard and the hall. They will be better at communicating their feelings.	activity, healthy eating, keeping clean and how to recognise and manage their feelings. Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat.
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Spring 1+2	Making Relationships Children will broaden their friendships and form positive relationships with adults and other children. Children will play co-operatively, taking turns with others. They will show sensitivity to others' needs and feelings. Children will broaden their	Self-confidence and self-awareness Children will be confident to try new activities. They will say why they like some activities more than others. They will be confident to speak in a familiar group. Children will choose resources they	Managing feelings and behaviours Children will follow rules within our classroom, the garden area, small walled yard and the hall. They will talk about how they show feelings. They will talk about how others show feelings. They will talk about their own and others'	Health and wellbeing -links with Physical development Health and self-care Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat. They will begin to know the importance for good health of physical exercise, a healthy diet and
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	<p>friendships and form positive relationships with adults and other children. Children will play co-operatively, taking turns with others. They will show sensitivity to others' needs and feelings.</p>	<p>need and activities they want to do. They will say when they need help or don't need help.</p> <p>Children will be confident to try new activities. They will say why they like some activities more than others. They will be confident to speak in a familiar group. Children will choose resources they need and activities they want to do. They will say when they need help or don't need help.</p>	<p>behaviour and its consequences. The children will know that some behaviour is unacceptable. They will take changes in routine in their stride.</p> <p>Children will follow rules within our classroom, the garden area, small walled yard and the hall. They will talk about how they show feelings. They will talk about how others show feelings. They will talk about their own and others' behaviour and its consequences. The children will know that some behaviour is unacceptable. They will take changes in routine in their stride.</p>	<p>talk about ways to keep healthy and safe. Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat. They will begin to know the importance for good health of physical exercise, a healthy diet and talk about ways to keep healthy and safe.</p>
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<p>Summer 1+2</p>	<p>Making Relationships Children will broaden their friendships and form positive relationships with adults and other children. Children will play co-operatively, taking turns with others. They will show sensitivity to others' needs and feelings.</p> <p>Children will broaden their friendships and form positive relationships with adults and other children. Children will play co-operatively, taking turns with others. They will show sensitivity to others' needs and feelings.</p>	<p>Self-confidence and self-awareness Children will be confident to try new activities. They will say why they like some activities more than others. They will be confident to speak in a familiar group. Children will choose resources they need and activities they want to do. They will say when they need help or don't need help.</p> <p>Children will be confident to try new activities. They will say why they like some activities more than others. They will be confident to speak in a familiar group.</p>	<p>Managing feelings and behaviours Children will follow rules within our classroom, the garden area, small walled yard and the hall. They will talk about how they show feelings. They will talk about how others show feelings. They will talk about their own and others' behaviour and its consequences. The children will know that some behaviour is unacceptable. They will take changes in routine in their stride.</p> <p>Children will follow rules within our classroom, the garden area, small walled yard and the hall. They will talk about how they</p>	<p>Health and wellbeing -links with Physical development Health and self-care Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat. They will begin to know the importance for good health of physical exercise, a healthy diet and talk about ways to keep healthy and safe.</p> <p>Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat. They will begin to know the</p>
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Long Term Planning 24-25 KS1 and KS2

Year 1	PHSE	<p>Keeping and Staying Safe -<u>Road Safety</u> looks at how we can stay safe when crossing the road and travelling in a vehicle.</p> <p>Keeping and Staying Healthy -<u>Washing Hands</u> looks at why we should wash our hands and the potential consequences of not washing our hands.</p>	<p>Relationships -<u>Friendship</u> looks at how we behave within our friendships and how these behaviours can affect others.</p>	<p>Being Responsible -<u>Water Spillage</u> looks at the different ways we can cause accidents and how we can prevent accidents from happening.</p> <p>Feelings and Emotions - <u>Jealousy</u> looks at recognising strengths of our own and of those around us and how to deal with feelings of jealousy.</p>	<p>Computer Safety -<u>Online Bullying</u> looks at being kind and thoughtful online and in real life and allows students to explore what they can do if they feel bullied online.</p>	<p>Our World -<u>Growing in Our World</u> explores the human cycle and how our families are special and unique.</p>	<p>Hazard Watch - This topic allows students to identify what items may be safe or unsafe to eat or drink. Plus, what items may be safe or unsafe to play with.</p> <p>Fire Safety -<u>Hoax Calling</u> looks at the risks of making a hoax call to the emergency services and how our actions can affect others.</p>
	RSHE	<p>Keeping Safe To have an awareness of some of the ways that they can keep themselves safe and build a support network of people who can help them.</p>	<p>Friendships and Feelings To understand how to be a good friend and what makes friendship feel good.</p> <p>My Brilliant Body For children to recognise that all bodies are</p>			<p>Different Families To develop understanding that there are many different types of family and that in our school we value all types of families</p>	



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			different and begin to build a positive body image about themselves plus learn how to deal with any negative comments.			equally.	
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<p>Year 2</p>	<p>PHSE</p>	<p>Keeping and Staying Safe <u>-Tying Shoelaces</u> looks at how we can prevent accidents that are often caused when rushing around.</p> <p>Keeping and Staying Healthy <u>-Healthy Eating</u> looks at how we can make healthy food choices and what might happen if we choose to eat too much unhealthy food.</p> <p><u>-Brushing Teeth</u> looks at why we should brush our teeth and the potential consequences of not brushing our teeth often enough.</p>	<p>Relationships <u>-Bullying</u> looks at how our actions and words can affect others, and it enables students to explore kind and positive behaviours.</p> <p><u>-Body Language</u> looks at recognising how other people may be feeling and allows students to explore different ways we can express our emotions.</p>	<p>Being Responsible <u>-Practice Makes Perfect</u> looks at setting goals and developing skills and strategies to achieve those goals.</p> <p><u>-Helping Someone in Need</u> looks at how we can help others at home and in the community and the risks of helping someone we don't know very well.</p> <p>Feelings and Emotions <u>-Worry</u> allows students to identify what they can do and who they can talk to if they feel worried about something.</p> <p><u>-Anger</u> looks at the differences between healthy and unhealthy anger and enables students to identify ways they can manage their anger.</p>	<p>Computer Safety <u>-Image Sharing</u> looks at the types of images we shouldn't share online and how quickly an image can be shared.</p> <p><u>-The Computer Safety Documentary</u> recaps all of the learning points from the topics and allows students to identify more ways to keep themselves safe online.</p>	<p>Our World <u>-Living in Our World</u> explores how humans can help take care of living things both inside and outside of the home.</p> <p><u>-Working in Our World</u> looks at why humans need money and the ways in which money can be used and received.</p>	<p>Hazard Watch -This topic allows students to identify what items may be safe or unsafe to eat or drink. Plus, what items may be safe or unsafe to play with.</p> <p>Fire Safety <u>-Petty Arson</u> looks at the dangers of playing with lighters and the risk of causing fires. <u>-Texting Whilst Driving</u> looks at the different types of actions that could distract a driver</p>
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							and how children can influence an adult's decision.
	RSHE	<p>Keeping Safe To have an awareness of some of the ways that they can keep themselves safe and build a support network of people who can help them.</p>	<p>Naming Body Parts To be able to name their personal and private body parts, in a safe space, confidently.</p>	<p>Keeping Clean and Taking Care of Myself To develop an awareness of and take increasing responsibility for taking care of their own needs.</p>			



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<p>Year 3</p>	<p>PHSE</p>	<p>Keeping and Staying Safe <u>-Staying Safe</u> looks at the dangers of venturing off with people we don't know very well.</p> <p><u>-Leaning Out of Windows</u> looks at the dangers of heights and various dangers we may find in our homes and communities.</p> <p>Keeping and Staying Healthy <u>-Medicine</u> looks at why we take medicine and the dangers of taking medicine without a trusted adult's permission.</p>	<p>Relationships <u>-Touch</u> looks at appropriate and inappropriate touch and enables students to explore who they can talk to if they feel uncomfortable in a relationship.</p>	<p>Being Responsible <u>-Stealing</u> looks at the differences between stealing and borrowing and enables students to identify emotions associated with losing a special possession.</p> <p>Feelings and Emotions <u>-Grief</u> looks at the different feelings we can experience when we lose someone or something we loved dearly and enables students to identify ways they can cope when grieving.</p>	<p>Computer Safety <u>-Making Friends</u> Online looks at the steps we should take to keep ourselves safe and the dangers of meeting someone from the internet in real life.</p>	<p>Our World <u>-Looking After Our World</u> looks at the ways in which we can help look after and protect our planet.</p>	<p>Hazard Watch -This topic allows students to identify what items may be safe or unsafe to eat or drink. Plus, what items may be safe or unsafe to play with.</p> <p>Fire Safety <u>-Enya and Deedee Visit the Fire Station</u> allows students to explore further the various ways they can prevent fires and what they should do if a fire starts in their home.</p>
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	RSHE	<p>What Makes a Good Friend? To develop pupil understanding of what a good and/or healthy relationship is.</p> <p>Families and Getting on With Our Families To explore diversity in families and to have some ideas of what to do if there are many difficulties in their family.</p>	<p>Me, Myself and I To develop a positive sense of self.</p>	<p>Gender Stereotypes and Aspirations To develop an understanding of gender stereotypes.</p>			
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Year 4	PHSE	<p>Keeping and Staying Safe -<u>Cycle Safety</u> looks at distractions on the road and how our actions can cause others harm.</p> <p>Keeping and Staying Healthy -<u>Healthy Living</u> looks at how certain types of food can affect our performance in a sports event.</p>	<p>Growing and Changing -<u>Appropriate Touch</u> explores the difficult subject of how relationships can be unhealthy or uncomfortable.</p>	<p>Being Responsible -<u>Coming Home</u> on Time looks at rules and guidelines children may have to follow.</p> <p>Feelings and Emotions -This video looks at how the feeling of jealousy can arise when someone new is introduced to a friendship group.</p>	<p>Computer Safety -<u>Online Bullying</u> looks at the actions we can take if we feel like we are being bullied online.</p>	<p>The Working World -<u>Chores at Home</u> explores the responsibilities that children may have now and in the future.</p> <p>A World without Judgement -<u>Breaking down Barriers</u> explores removing barriers and supporting those who have physical disabilities.</p>	<p>First Aid -This topic looks at breathing difficulties and how we can support a casualty struggling with asthma, anaphylaxis, and choking.</p>
	RSHE	<p>Is It Risky? To begin to develop skills in assessing and managing risk.</p>	<p>My Personal and Private Body Parts and Keeping Safe To reinforce language for the personal and private parts of the body and to explore ideas of safe touch, personal space and consent.</p>		<p>People Who Can Help Us On and Offline To ensure all pupils know who they can ask for help.</p>		



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			Body Care To understand why it is important to keep particularly parts of our body clean as they get older.				
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Year 5	PHSE	<p>Keeping and Staying Safe - This video looks at how we can be influenced and pressured to make unsafe choices. staying safe.</p> <p>Keeping and Staying Healthy - <u>Smoking</u> explores how someone can be pressured in to smoking.</p>	<p>Growing and Changing - <u>Puberty</u> is a short animation video that looks at the different changes boys and girls go through during puberty. There is no alternative ending.</p>	<p>Being Responsible - <u>Looking Out for Others</u> looks at the responsibility we have if we witness someone being bullied.</p> <p>Feelings and Emotions - <u>Anger</u> looks at the ways in which we can manage our emotions when we are unable to do something we wanted to.</p>	<p>Computer Safety - <u>Image Sharing</u> looks at how we can be pressured in to sending images and how to manage this.</p>	<p>The Working World - <u>Enterprise</u> looks at how children can help pay for items they would like.</p> <p>A World without Judgement - <u>Inclusion and Acceptance</u> explores the topic of a child having same sex parents.</p>	<p>First Aid - This topic looks at basic life support techniques, such as the recovery position, CPR, and DRs ABC.</p>
	RSHE	<p>Friendships and Secrets To explore trust and secrets in our friendships.</p> <p>Friendships and Pressure To explore peer pressure and develop the skills to say no.</p> <p>Getting Help To learn about who can help including external services and know that it is good to talk no matter</p>	<p>Changes at Puberty To understand physical and emotional changes at puberty.</p> <p>Periods To learn about periods (menstruation).</p> <p>Wet Dreams and Masturbation To understand more about wet dreams and masturbation.</p> <p>Keeping</p>		<p>Keeping Safe- Online Images To develop pupil understanding of the risks of sharing images of themselves and their bodies online.</p> <p>On and Offline Friendships To explore the challenges of on and offline friendships.</p>		



		what the issue.	<p>Safe- Safe and Unsafe Touch</p> <p>To understand safe/unsafe touch and be able to say no to unwanted touch or behaviour.</p>				
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Year 6	PHSE	<p>Keeping and Staying Safe -<u>Water Safety</u> explores the topic of trespassing and the dangers of swimming in open or unknown waters.</p> <p>Keeping and Staying Healthy -This video explores the dangers of alcohol and how people can be affected by alcohol in different ways.</p>	<p>Growing and Changing -<u>Conception</u> is a short animation video that looks at how a baby is conceived and the various stages of pregnancy. There is no alternative ending.</p>	<p>Being Responsible -<u>Stealing</u> explores the topic of taking something from a family member without asking.</p> <p>Feelings and Emotions -This video looks at transition and the feelings a child can have when starting a new school.</p>	<p>Computer Safety -<u>Making Friends Online</u> looks at the dangers of meeting people we have only spoken to online.</p>	<p>The Working World -<u>In-App Purchases</u> provides a subtle introduction to debt and looks at paying for items through apps or games.</p> <p>A World without Judgement -<u>British Values</u> looks at how we can be inclusive and ensure everyone's beliefs and needs are respected.</p>	<p>First Aid -During the first part of this topic, students will look at how we can support a casualty with a head injury, severe bleeding, and minor burns. -In the second half of this topic, we take a closer look at fractures, heart attacks, and seizures.</p>
	RSHE	<p>Friendships and Secrets To explore trust and secrets in our friendships.</p> <p>Friendships and Pressure To explore peer pressure and develop the skills to say no.</p>	<p>Making Babies-Sexual Intercourse To learn and understand how babies are made.</p> <p>Pregnancy and Birth To learn about pregnancy and how babies develop.</p> <p>Identity and</p>			<p>Equality and the Law To understand more about discrimination and the groups covered by the Equality Act.</p>	



		<p>Getting Help To learn about who can help including external services and know that it is good to talk no matter what the issue.</p>	<p>Prejudice To develop pupil understanding of key terms related to sexual orientation and gender identity and the unacceptability of prejudice.</p>				
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