



Thurgoland C of E Primary School
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Long Term Planning 23-24 EYFS

Most of PSHE education became statutory from September 2020 for Key stages 1 and 2, therefore we will be following the 1Decision programme. Booklets and videos/pictures for evidence. There is no programme of study for EYFS as PSHE is not a discrete curriculum subject within the EYFS framework. The EYFS statutory framework areas of Personal, Social and Emotional development and Understanding the World have close links to the PSHE education Programme of Study. Learning and development opportunities for these areas, as well as Communication and language, are interwoven within the pupils' experience through daily EYFS play-based activities, roleplay areas, quality children's fiction and reflective discussion to build pupil's knowledge, skills and attitudes and attributes related to PSHE elements of education. Therefore, PSHE is not just one dedicated lesson. It is a PRIME AREA of learning that includes:

- Making relationships
- Self-confidence and self-awareness
- Managing feelings and behaviours
- Health and wellbeing links with Physical development, Health and Self-Care.

This will be captured through the medium-term planning of whole provision plus evidence captured within the floor book.

Autumn 1+2	Making Relationships Children will get to know each other and members of staff. <i>Children will further develop their friendships and relationships with members of staff.</i>	Self-confidence and self-awareness Children will build self-awareness and their confidence will grow with time, relationships, routine and familiarity of	Managing feelings and behaviours Children will discuss right and wrong; create and follow rules within our new classroom and the whole school environment.	Health and wellbeing -links with Physical development Health and self-care Children will begin to understand the importance of their own health including physical
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		<p>school, peers and staff.</p> <p>Children will build self-awareness and their confidence will grow with time, relationships, routine and familiarity of school, peers and staff.</p>	<p>They will begin to communicate their feelings.</p> <p>Children will follow rules within our classroom, the garden area, small walled yard and the hall.</p> <p>They will be better at communicating their feelings.</p>	<p>activity, healthy eating, keeping clean and how to recognise and manage their feelings.</p> <p>Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat.</p>
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<p>Spring 1+2</p>	<p>Making Relationships</p> <p>Children will broaden their friendships and form positive relationships with adults and other children.</p> <p>Children will play co-operatively, taking turns with others.</p> <p>They will show sensitivity to others' needs and feelings.</p> <p>Children will broaden their</p>	<p>Self-confidence and self-awareness</p> <p>Children will be confident to try new activities.</p> <p>They will say why they like some activities more than others.</p> <p>They will be confident to speak in a familiar group.</p> <p>Children will choose resources they</p>	<p>Managing feelings and behaviours</p> <p>Children will follow rules within our classroom, the garden area, small walled yard and the hall.</p> <p>They will talk about how they show feelings.</p> <p>They will talk about how others show feelings.</p> <p>They will talk about their own and others'</p>	<p>Health and wellbeing -links with Physical development Health and self-care</p> <p>Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat.</p> <p>They will begin to know the importance for good health of physical exercise, a healthy diet and</p>
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	<p>friendships and form positive relationships with adults and other children. Children will play co-operatively, taking turns with others. They will show sensitivity to others' needs and feelings.</p>	<p>need and activities they want to do. They will say when they need help or don't need help.</p> <p>Children will be confident to try new activities. They will say why they like some activities more than others. They will be confident to speak in a familiar group. Children will choose resources they need and activities they want to do. They will say when they need help or don't need help.</p>	<p>behaviour and its consequences. The children will know that some behaviour is unacceptable. They will take changes in routine in their stride.</p> <p>Children will follow rules within our classroom, the garden area, small walled yard and the hall. They will talk about how they show feelings. They will talk about how others show feelings. They will talk about their own and others' behaviour and its consequences. The children will know that some behaviour is unacceptable. They will take changes in routine in their stride.</p>	<p>talk about ways to keep healthy and safe. Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat. They will begin to know the importance for good health of physical exercise, a healthy diet and talk about ways to keep healthy and safe.</p>
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<p>Summer 1+2</p>	<p>Making Relationships Children will broaden their friendships and form positive relationships with adults and other children. Children will play co-operatively, taking turns with others. They will show sensitivity to others' needs and feelings.</p> <p>Children will broaden their friendships and form positive relationships with adults and other children. Children will play co-operatively, taking turns with others. They will show sensitivity to others' needs and feelings.</p>	<p>Self-confidence and self-awareness Children will be confident to try new activities. They will say why they like some activities more than others. They will be confident to speak in a familiar group. Children will choose resources they need and activities they want to do. They will say when they need help or don't need help.</p> <p>Children will be confident to try new activities. They will say why they like some activities more than others. They will be confident to speak in a familiar group.</p>	<p>Managing feelings and behaviours Children will follow rules within our classroom, the garden area, small walled yard and the hall. They will talk about how they show feelings. They will talk about how others show feelings. They will talk about their own and others' behaviour and its consequences. The children will know that some behaviour is unacceptable. They will take changes in routine in their stride.</p> <p>Children will follow rules within our classroom, the garden area, small walled yard and the hall.</p>	<p>Health and wellbeing -links with Physical development Health and self-care Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat. They will begin to know the importance for good health of physical exercise, a healthy diet and talk about ways to keep healthy and safe.</p> <p>Children will use the toilet and wash their hands independently; begin to get dressed and undressed by themselves and be better at fastening their coat. They will begin to know the</p>
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		<p>Children will choose resources they need and activities they want to do. They will say when they need help or don't need help.</p>	<p>They will talk about how they show feelings. They will talk about how others show feelings. They will talk about their own and others' behaviour and its consequences. The children will know that some behaviour is unacceptable. They will take changes in routine in their stride.</p>	<p>importance for good health of physical exercise, a healthy diet and talk about ways to keep healthy and safe.</p>
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Long Term Planning 23-24
KS1 and KS2

Year 1	PHSE	<p>Keeping and Staying Safe Road Safety</p> <p>Keeping and Staying Healthy Washing hands</p>	<p>Relationships Friendships</p>	<p>Being Responsible Water spillage</p> <p>Feelings and Emotions Jealousy</p>	<p>Computer Safety Online Bullying</p>	<p>Our World Growing in our world</p>	<p>Hazard Watch</p> <p>Fire Safety Hoax calling</p>
	RSHE	<p>Keeping safe</p>	<p>Friendships and feelings</p> <p>My Brilliant Body</p>			<p>Different families</p>	



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Year 2	PHSE	Keeping and Staying Safe Tying shoelaces Keeping and Staying Healthy Healthy eating Brushing teeth	Relationships Bullying Body language	Being Responsible Practice makes perfect Helping someone Feelings and Emotions Worry Anger	Computer Safety Image sharing Computer safety documentary	Our World Living in our world Working in our world	Hazard Watch Fire Safety Petty arson Texting whilst driving
	RSHE	Keeping safe	Naming body parts	Keeping clean and taking care of myself			



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Year 3	PHSE	Keeping and Staying Safe Staying Safe Leaning out of windows Keeping and Staying Healthy Medicine	Relationships Touch	Being Responsible Stealing Feelings and Emotions Grief	Computer Safety Making friends online	Our World Looking after our world	Hazard Watch Fire Safety Visit a Fire Station
	RSHE	What makes a good friend? Families and getting on with our families	Me, myself and I	Gender stereotypes and aspirations			



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Year 4	PHSE	Keeping and Staying Safe Cycle Safety Keeping and Staying Healthy Healthy living	Growing and Changing Appropriate touch	Being Responsible Coming home on time Feelings and Emotions Jealousy	Computer Safety Online bullying	The Working World Chores at home A World without Judgement Breaking down barriers	First Aid First aid detectives True or false
	RSHE	Is it risky?	My personal and private body parts and keeping safe Body care		People who can help us on and off line		



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Year 5	PHSE	<p>Keeping and Staying Safe</p> <p>Peer pressure</p> <p>Keeping and Staying Healthy</p> <p>Smoking</p>	<p>Growing and Changing</p> <p>Puberty</p>	<p>Being Responsible</p> <p>Looking out for others</p> <p>Feelings and Emotions</p> <p>Anger</p>	<p>Computer Safety</p> <p>Image Sharing</p>	<p>The Working World</p> <p>Enterprise</p> <p>A World without Judgement</p> <p>Inclusion and acceptance</p>	<p>First Aid</p> <p>DRs ABC</p> <p>The recovery position</p>
	RSHE	<p>Friendships and secrets</p> <p>Friendships and pressure</p> <p>Getting help</p>	<p>Changes at puberty</p> <p>Periods</p> <p>Wet dreams and masturbation</p> <p>Keeping safe- safe and unsafe touch</p>		<p>Keeping safe- online images</p> <p>On and Offline friendships</p>		



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Year 6	PHSE	Keeping and Staying Safe Water safety Keeping and Staying Healthy Alcohol Cannabis	Growing and Changing Conception	Being Responsible Stealing Feelings and Emotions Worry	Computer Safety Making friends online	The Working World In-app purchases A World without Judgement British values	First Aid Choose a scenario Supporting first aid
	RSHE	Friendships and secrets Friendships and pressure Getting help	Making babies-sexual intercourse Pregnancy and birth Identity and prejudice			Equality and the law	



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