

	EYFS	CLASS 1	CLASS 2	CLASS 3	CLASS 4	CLASS 5	CLASS 6
Keeping and	Road safety-Rainbow drop story	I know what I need to	I Know the reasons to make	I know ways to keep	I know how to identify	I know strategies we	I know a range of
Staying Safe	Crossing patrol person visitor	keep safe from.	sure your laces are tied.	myself and others safe.	strategies we can use	can use to keep	danger signs
		I know what may put me or	I know how to tie up laces	I know how to recognise	to keep ourselves and	ourselves and others	I know and can name
	E safety-through stories	others at risk.	properly.	risky situations.	others safe.	safe.	strategies that can
	Hashtag Goldilocks	I know why it is important to	I Know rules to keep yourself	I know how to identify	I know the impact and	I know the ways to	help keep ourselves
	Clicking chicken	stay safe when crossing the	and others safe.	trusted adults around you.	possible consequences	manage peer pressure.	and others safe
	Troll stinks	road. I know a range of safe places	I know the differences	I know and understand the differences between safe	of an accident or incident.	I know explain the potential outcomes	I know the impact and
		to cross the road.	between safe and risky choices.	and risky choices.	I know what is a risky	that may happen when	possible consequences of an accident or
		I know the differences	choices.	I know how to recognise a	choice.	we take risks .	incident
		between safe and risky		range of warning signs.	I know how create a	I know and can	meraent
		choices.		I know how to spot the	set of rules for and	recognise the impact	
		I know different ways to help		dangers we may find at	identify ways of	and possible	
		us stay safe.		home.	keeping safe.	consequences of an	
				I know the importance of		accident or incident	
				listening to our trusted			
				adults.			
				I know how to understand			
				ways we can keep ourselves and others safe			
				at home.			
				I know the differences			
				between safe and risky			
				choices.			
Keeping and	Dental hygiene	I know what we can do to	I know that food is needed	I know, understand, and	I know what is meant	I know some of the	I know what is a risky
Staying	(visitor from Penistone Dental practice)	keep healthy	for our bodies to be healthy	be able to practise simple	by a balanced diet and	risks associated with	choice
Healthy	Birth days to the design	I know why we need to wash	and to grow	safety rules about	plan a balanced meal	smoking (physical,	I know the risks
	Pink drop visits the dentist	our hands	I know that some foods are	medicine	I know and can	social, and legal) and	associated with
	Components for keeping healthy	I know how germs are spread and how they can affect our	better for good health than others	I know when it is safe to take medicine	recognise how too much sugar, salt, and	name the addictive ingredient found in	alcohol (+ drugs - extension)
	Green drop eats his greens story	health	I know the different types of	I know who we can accept	saturated fat in our	cigarettes, e-cigs, etc.	I know how alcohol
	Other stories	I know how to practise	healthy food I know how to	medicine from	food and drink can	I know how smoking	can affect your
	Cooking/baking healthy food (eg vegetable	washing your hands	keep yourself and others	I know the differences	affect us now and	can affect your	immediate and future
	soup, smoothies, fruit kebabs)	I know the differences	healthy	between healthy and	when we are older	immediate and future	health
		between healthy and	I know the differences	unhealthy choices	I know nutritional	health and wellbeing	I know and recognise
		unhealthy choices	between healthy and		information on	I know reasons why	skills and strategies to
			unhealthy choices		packaged food and	someone might start	keep safe
			I know why we need to brush		explain what it means	and continue to smoke	
			our teeth		I know different ways	I know and use skills	
			I know how to practise		to maintain a healthy	and strategies to resist	
			brushing your teeth I know the differences		lifestyle	any pressure to smoke	
			between healthy and				
			unhealthy choices				
			I know how to develop				
			strategies to help you				
			remember				



Relationships 3+ Skills Class R-3 Growing and Changing Class 4-6

- I respond to the feelings of others.
- I take on a role and 'become' another person or thing using

early 'projection' skills, putting myself in another's shoes.

- I accept the needs of others with support.
- I seek out others for help.
- I form friendships with other children.

- I accept the needs of others with less support and identify when another child is being 'unkind.'
- I talk about home, other people in my world and characters in familiar stories.
- I talk about things from another's point of view in a simple way e.g.

"What might they see?" or "What might they do?"

• I talk about feelings and can link these with events or people.

- I accept the needs of others with less support and identify when another child is being 'unkind.'
- I talk about home, other people in my world and characters in familiar stories.
- I talk about things from another's point of view in a simple way e.g.

"What might they see?" or "What might they do?" • I talk about feelings and can link these with

events or people.

I know how to ask when I need help or when I want a turn.

- I express my needs and feelings using words as well as non-verbally.
- I form good relationships with adults and peers.

5+ Skills

- I talk about things from another person's point of view in a more complex way including prediction and empathy e.g. "What might they do next?" or "How might they feel?"
- I offer enough information but not too much to meet my listener's needs.

I talk about the feelings of others and the impact I have on this. I also think about what I could do to improve the feelings of another.

I know different types of relationships

I know how to be a good friend

I know how to recognise kind and thoughtful behaviours I know the importance of caring about other people's feelings

I know how to see a situation from another person's point of view

I know how to name a range of feelings I know why we should care

about other people's feelings I know how to see and understand bullying behaviours I know how to cope with

these bullying behaviours I know how to recognise and name a range of feelings I know that feelings can be shown without words

I know why it is important to care about other people's feelings

I know to see a situation from

another person's point of

I know a range of feelings I know why we should care about other people's

feelings I know and I am able to see and understand bullving behaviours I know how to cope with these bullying behaviours I know how to recognise and name a range of feelings I know that feelings can be shown without words I know and I am able to see a situation from another person's point of view

I know and can

understand why it is

important to care about other people's feelings

I know the difference between appropriate and inappropriate touch I know why it is important to care about other people's feelings

I know and understand personal boundaries I know who and how to ask for help I know and am able to name human body parts I know what types of relationships are there?

I know what can make a relationship healthy or unhealthy? I know what is the difference between secrets and surprises? I know how I could help someone who feels uncomfortable in a relationship?

I know what puberty means I know the changes that boys and girls may go through during puberty I know why our bodies go through puberty I know how to develop coping strategies to help with the different stages of puberty

I know who and what

can help us during

puberty

I know the terms 'conception' and 'reproduction' I know the function of the female and male reproductive systems I know the various ways adults can have a child I know various different stages of pregnancy I know the laws around consent



Being
Responsible

Three and Four-Year-Olds will be learning to

- Develop their sense of responsibility and membership of a community.
- Show more confidence in new social situations.
- Increasingly follow rules, understanding why they are important.
- Remember rules without needing an adult to remind them.

Children in Reception will be learning to

- See themselves as a valuable individual.
- Show resilience and perseverance in the face of challenge.
- Manage their own needs.

ELG - Children at the expected level of development will:

- Be confident to try new activities and show independence, resilience, and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices.

I know what we are responsible for
I know how responsibilities will change as we grow
I know how you can help people around you
I know the types of things you are responsible for
I know how and understand the importance of preventing accidents
I know how to recognise the differences between being responsible and being irresponsible

you can improve in an activity or sport
I know the importance of trying hard and not giving up
I know the benefits of practising an activity or sport
I know how to learn ways to set goals and work to reach them
I know how you can help other people

I know how to name ways

and thoughtful behaviours and actions I know the risks of talking to people you don't know very well in the community I know how to identify the differences between being responsible and being irresponsible

I know how to recognise kind

I know and understand the differences between borrowing and stealing I know and able to describe how you might feel if something of yours is borrowed and not returned I know why it is wrong to steal I know and am able to understand the differences between being responsible and irresponsible

I know the importance of behaving in a responsible manner in a range of situations I know a range of situations where being on time is important I know the importance of having rules in the home I know ways that behaviour can be seen to be sensible and responsible

I know why we should I know what consent take action when means someone is being I know the importance unkind of being honest and I know how to describe not stealing caring and considerate I know why it is important to have a behaviour, including the importance of trusting relationship looking out for others between friends and I know and can family demonstrate why it is I know how making important to behave in some choices can an appropriate and impact others' lives in responsible way a negative way I know how making some choices can

impact others' lives in

a negative way



Feelings and Emotions	Three and Four-Year-Olds will be learning to • Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.	I know a range of emotions and how they make us feel physically and mentally I know how to recognise and name emotions and their	I know how to recognise and name emotions and their physical effects I know the difference between pleasant and	I know and am able to recognise and name emotions and their physical effects I know the difference	I know thoughts, feelings, and emotions, and identify the differences between those that	I know that everyone experiences emotions and that these can have physical effects on our body, both	I know my thoughts, feelings, and emotions I know how we can reduce our feeling of worry
	 Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Understand gradually how others might be feeling. Children in Reception will be learning to Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally. ELG - Children at the expected level of development will: Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving 	physical effects I know the difference between pleasant and unpleasant emotions I know a range of skills for coping with unpleasant/uncomfortable emotions I know that feelings can be communicated with and without words	unpleasant emotions I know a range of skills for coping with unpleasant/uncomfortable emotions I know that feelings can be communicated with and without words I know how to recognise and name emotions and their physical effects I know the difference between pleasant and unpleasant emotions I know a range of skills for coping with unpleasant/uncomfortable emotions I know that feelings can be communicated with and without words	between pleasant and unpleasant emotions I know a range of skills for coping with unpleasant/uncomfortable emotions I know and understand that feelings can be communicated with and without words	feel good and those that feel not so good I know how we can support others who feel lonely, jealous, or upset I know that we can choose how we act on our emotions and understand that our choices and actions can affect ourselves and other people I know a range of strategies to help control and manage unpleasant/ uncomfortable emotions, such as loneliness and jealousy	pleasant and unpleasant I know how feelings can be communicated with or without words I know that we can choose how we act on our emotions and that our choices and actions can affect ourselves and other people I know a range of strategies to help control and manage unpleasant/ uncomfortable emotions, such as anger	I know how we can support others who feel worried I know that we can choose how we act on our emotions and that our choices and actions can affect ourselves and other people
Computer Safety	several ideas or actions.	I know computers, the internet, and rules to keep safe I know how your online activity can affect others I know how to identify the positives and negatives of using technology I know who and how to ask for help I know how to recognise kind and unkind comments	I know how your online actions can affect others I know how to name the positive and negative ways you can use technology I know the risks of sharing images without permission I know the types of images that you should and should not post online I know how your online activity can affect others I know how to identify the positives and negatives of using technology I know who and how to ask for help I know how to list rules for keeping and staying safe	I know and understand how your online actions can affect others I know and am able to name the positive and negative ways you can use technology I know the risks of sharing images without permission I know and understand the types of images that you should and should not post online I know and understand how your online activity can affect others I know and am able to identify the positives and negatives of using technology	I know the key values that are important in positive online relationships I know the feelings and emotions that may arise from online bullying I know the coping strategies to use if we or someone we know is being bullied online I know how and who to ask for help	I know a list reasons for sharing images online I know how to identify rules to follow when sharing images online I know the positive and negative consequences of sharing images online I know the possible influences and pressures to share images online	I know how to list the key applications that we may use now and in the future I know and understand why some applications have age restrictions I know ways to keep yourself and others safe in a range of situations online and offline I know that people may not always be who they say they are online



Our World	Three and Four-Year-Olds will be learning to • Become more outgoing with unfamiliar people, in the safe context of their setting. • Play with one or more other children, extending and elaborating play ideas. • Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. • Develop appropriate ways of being assertive. • Talk with others to solve conflicts. Children in Reception will be learning to • Build constructive and respectful relationships. • Think about the perspectives of others. ELG - Children at the expected level of development will: • Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers. • Show sensitivity to their own and to others' needs.	I know how we care for others I know the needs of a baby I know how to recognise what you can do for yourself now you are older I know and am able to describe the common features of family life I know how to recognise the ways in which your family is special and unique	I know why we should look after living things I know how to identify how we can look after living things both inside and outside of the home I know why it is important to keep our communities and countryside clean I know how to encourage others to help keep their communities and countryside clean I know different ways we can receive money I know how to keep money safe I know how to describe the skills you may need in a future job or career I know how to recognise the differences between wants and needs	I know who and how to ask for help I know and am able to list rules for keeping and staying safe I know and am able to identify possible dangers and consequences of talking to strangers online I know how to keep safe in online chatrooms I know and am able to name the positives and negatives of using technology I know and understand the difference between safe and risky choices online I know how to explain the meaning of reduce, reuse, and recycle I know how we can help look after our planet I know how to identify how to reduce the amount of water and electricity we use I know how we can reduce our carbon footprint	I know ways in which we can help those who look after us I know the positive impact of our actions I know the ways in which we can contribute to our home, school, and community I know the skills we may need in our future job roles I know and can recognise positive attributes in others I know why being different is okay I know my own strengths and goals, and understand that these may be different from those around you I know some of the ways we can overcome barriers and promote	I know, understand and explain why people might want to save money I know ways in which you can help out at home I know how to budget for items you would like to buy I know ways to make money and the early stages of enterprise I know some of the ways in which we are different and unique I know some of the elements which help us to have a diverse community I know strategies to overcome barriers and promote diversity and inclusion	I know and understand various money-related terms I know some of the ways in which we can spend money via technology I know the potential impact of spending money without permission I know how to identify strategies to save money I know that there are a wide range of religions and beliefs in the UK I know and can explain each of the British values I know how to create a range of values for my educational setting I know how all religions can live in cohesion
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Fire Safety	I know what a 'hoax call' is	I know what a 'hoax call' is	I know what a 'hoax call' is	
	and	and why it can be risky	and why it can be risky	
	why it can be risky	I know and understand why	I know and understand	
	I know and understand why	our emergency services are	why our emergency	
	our emergency services are	an important part of our	services are an important	
	an important part of our	community	part of our community	
	community	I know and am able to show	I know and am able to	
	I know and am able to show	my knowledge of fire safety	show my knowledge of	
	my knowledge of fire safety	to others	fire safety to others	
	to others	I know and am able to	I know and am able to	
	I know and am able to	practise simple ways of	practise simple ways of	
	practise simple ways of	staying safe and finding help	staying safe and finding	
	staying safe and finding help	I know and am able to	help	
	I know and am able to	recognise how drivers can be	I know and am able to	
	recognise how drivers can be	distracted	recognise how drivers can	
	distracted	I know and understand the	be distracted	
	I know and understand the	importance of being	I know and understand the	
	importance of being	responsible and how our	importance of being	
	responsible and how our	actions/choice can affect	responsible and how our	
	actions/choice can affect	others	actions/choice can affect	
	others		others	