

Yasmin and Tom Knowledge Progression



EYFS	CLASS 1	CLASS 2	CLASS 3	CLASS 4	CLASS 5	CLASS 6
	<p>Keeping safe</p> <p>I know how to recognise when a situation is safe or unsafe.</p> <p>I know some ways that I can keep safe.</p> <p>I know how to get help.</p> <p>So that I can keep myself safe and know how to get help.</p> <p>Friendships and feelings</p> <p>I know what makes a good friend.</p> <p>I know how to identify when friendships feel good.</p> <p>I know how to describe how to solve a problem when a friendship goes wrong.</p> <p>So that I can identify what makes a good friend and how to solve friendship issues.</p> <p>My brilliant body</p> <p>I know that all bodies are different.</p> <p>I know what is brilliant about my body.</p> <p>I know what to do if someone says mean things about someone's body.</p> <p>I know how to get help.</p> <p>So that I can understand about my body and know how to get help if someone is being unkind.</p> <p>Different families</p> <p>I know different types of families.</p> <p>I know similarities and differences between different types of families.</p>	<p>Keeping safe</p> <p>I know when a situation is safe or unsafe.</p> <p>I know some ways that I can keep safe.</p> <p>I know how to get help.</p> <p>So that I can keep myself safe and know how to get help.</p> <p>Naming body parts</p> <p>I know all the different parts of my body including the private and personal body parts.</p> <p>I know how to explain what private and personal parts are and how they are identified.</p> <p>So that I can understand all about my body.</p> <p>Keeping clean and taking care of myself</p> <p>I know the objects that are used to help keep someone clean and healthy.</p> <p>I know why it is important to keep clean.</p> <p>I know which things I can do for myself that looks after my body and which things I am learning to do.</p> <p>So that I can keep myself clean and know how to do this for myself.</p>	<p>What makes a good friend?</p> <p>I know two or more things that make a good friend.</p> <p>I know two things that would make them think someone is not a good friend.</p> <p>I know what I need to do to be a good friend.</p> <p>So that I can be a good friend.</p> <p>Families and getting on with our families</p> <p>I know one thing that most families have in common and one way in which families can be different.</p> <p>I know how I would respond to unkind, mean or bullying behaviour about my family or someone else's.</p> <p>I know who I can talk to if I am worried about anyone or anything in my family.</p> <p>So that I can understand how to get along with my family and know who to talk to.</p> <p>Me, myself and I</p> <p>I know how to show respect to others who are different to themselves.</p> <p>I know that I can tell you at least one thing I am good at.</p> <p>I know I can tell you one thing they can do to make myself feel better if I am feeling down.</p>	<p>Is it risky?</p> <p>I know what risky means and that some risks are good and others need to be thought about carefully.</p> <p>I know how to take steps to assess risk and keep myself safe.</p> <p>I know how to say no to things I don't want to do.</p> <p>I know to use 'Stop Think Go' to help me know what options there are if I start to feel unsafe.</p> <p>So that I can understand when a situation may be risky and what to do in the event.</p> <p>My personal and private body parts and keeping safe</p> <p>I know how to label the personal and private parts of bodies.</p> <p>I know the difference between safe and unsafe touches.</p> <p>I know that no one has the right to touch them in a way that feels unsafe - not even someone in their family.</p> <p>So that I understand my personal and private body parts are private.</p> <p>Body care</p> <p>I know at least one brilliant thing about my body.</p> <p>I know which parts of the body I particularly need to keep clean as I get older.</p> <p>So that I understand how to keep my body parts clean as I grow and change.</p>	<p>Friendships and secrets</p> <p>I know the difference between a safe and unsafe secret.</p> <p>I know some qualities of a good friendship.</p> <p>I know who to ask for help if I need it.</p> <p>So that I understand what makes a good friend and what a safe or unsafe secret means.</p> <p>Friendships and pressure</p> <p>I know to say no to something I don't want to do.</p> <p>I know what peer pressure is.</p> <p>So that I understand peer pressure and that I can be confident to say no.</p> <p>Getting help</p> <p>I know what Childline is and how to access it.</p> <p>I know how to use my helping hand; I can identify who I can go to for help.</p> <p>I know that I can talk about my problems and nothing is too awful or small to discuss.</p> <p>So that I understand who I can reach out to if I need help.</p> <p>Changes at puberty</p> <p>I know some of the changes that will happen in my body and other bodies during puberty.</p>	<p>Friendships and secrets</p> <p>I know the difference between a safe and unsafe secret.</p> <p>I know some qualities of a good friendship.</p> <p>I know how to ask for help if I need it.</p> <p>So that I understand what makes a good friend and how to ask for help if needed.</p> <p>Friendships and pressure</p> <p>I know how to say no to something I don't want to do.</p> <p>I know what peer pressure is.</p> <p>So that I understand peer pressure and that I can be confident to say no.</p> <p>Getting help</p> <p>I know what Childline is and how to access it.</p> <p>I know how to use my helping hand; I can identify who I can go to for help.</p> <p>I know that I can talk about my problems and nothing is too awful or small to discuss.</p> <p>So that I understand who I can reach out to if I need help.</p> <p>Making Babies sexual intercourse</p> <p>I know what is fertilisation through sexual intercourse.</p> <p>I know how a baby is made and that different people use different methods to do this.</p> <p>I know what consent means.</p> <p>I know the age of consent.</p>



	<p>So that I can understand families are similar but also different.</p>		<p>Gender stereotypes and aspirations</p> <p>I know how to take part in a discussion and respond respectfully to someone I don't agree with.</p> <p>I know what a what a stereotype is.</p> <p>So that I can identify my own aspirations and appreciate others points of view and opinions.</p>	<p>People who can help us on and offline</p> <p>I know someone I can ask for help if I need it.</p> <p>I know what the CEOP reporting symbol means.</p> <p>So that I understand how to keep safe on and offline.</p>	<p>I know who to talk to when I need help dealing with the changes at puberty.</p> <p>I know I can ask for support for any changes that are difficult to manage.</p> <p>So that I can understand the changes in my body and who I can ask for support from.</p> <p>Periods (menstruation)</p> <p>I know what a period (menstruation) is.</p> <p>I know ways to overcome possible problems from periods.</p> <p>I know that menstruation is something that most growing or grown-up girl's and women's bodies, and some trans or non-binary people's bodies can do.</p> <p>So that I understand what periods are and how I can deal with any problems.</p> <p>Wet dreams and masturbation</p> <p>I know what wet dreams are.</p> <p>I know that some boys have wet dreams, and some don't.</p> <p>I know ways to manage wet dreams.</p> <p>I know what masturbation is.</p> <p>So that I understand what about wet dreams.</p> <p>Keeping safe - safe and unsafe touch</p> <p>I know why there is a need to ask and receive permission (consent) for some types of touch.</p>	<p>So that I understand how a baby is made through sexual intercourse and how to give consent.</p> <p>Making babies - assisted fertility and multiple births</p> <p>I know that some people have help to become pregnant.</p> <p>I know why some people need assistance to make a baby.</p> <p>I know the difference between identical and non-identical twins.</p> <p>So that I understand that babies can be made with assistance and that there are multiple births.</p> <p>Making babies - pregnancy and birth</p> <p>I know how long an average pregnancy lasts.</p> <p>I know why a pregnancy lasts approximately 40 weeks (9 months).</p> <p>I know why some things that should and should not be eaten in pregnancy.</p> <p>I know how babies are born (delivered).</p> <p>So that I understand the stages of pregnancy and birth.</p> <p>Identity and prejudice</p> <p>I know what key terms related to sexual orientation and gender identity there are.</p> <p>I know what sexual orientation and gender identity mean.</p> <p>I know what things shape our personal identity.</p> <p>I know what prejudice means.</p>
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