Yasmin and Tom Knowledge Progression



S	CLASS 1	CLASS 2	CLASS 3	CLASS 4	CLASS 5	CLASS 6
	Keeping safe	Keeping safe	What makes a good friend?	Is it risky?	Friendships and secrets	Friendships and secrets
				I know what risky means and that		
	I know how to recognise when a	I know when a situation is safe or	I know two or more things that	•	I know the difference between a	I know the difference between a
	situation is safe or unsafe.	unsafe.	make a good friend.	some risks are good and others	safe and unsafe secret.	and unsafe secret.
				need to be thought about carefully.		
	I know some ways that I can keep	I know some ways that I can keep	I know two things that would make		I know some qualities of a good	I know some qualities of a good
	safe.	safe.	them think someone is not a good	I know how to take steps to assess	friendship.	friendship.
			friend.	risk and keep myself safe.	·	•
	I know how to get help.	I know how to get help.			I know who to ask for help if I need	I know how to ask for help if I n
	3 1		I know what I need to do to be a	I know how to say no to things I	it.	
	So that I can keep myself safe and	So that I can keep myself safe and	good friend.	don't want to do.		So that I understand what make
	know how to get help.	know how to get help.	good process		So that I understand what makes a	good friend and how to ask for h
	know now to get help.	know now to get help.	So that I can be a good friend.	I know to use 'Stop Think Go' to	good friend and what a safe or	needed.
			30 Mai I can be a good Mena.	help me know what options there	1 -	needed.
		l.,		are if I start to feel unsafe.	unsafe secret means.	
	Friendships and feelings	Naming body parts				
	T 100-000 orbitation of		Families and getting on with our	So that I can understand when a		Friendships and pressure
	I know what makes a good friend.	I know all the different parts of my	families	situation may be risky and what to	Friendships and pressure	T leave the second and the second about
		body including the private and		do in the event.	The state of the s	I know how to say no to somethin
	I know how to identify when	personal body parts.	I know one thing that most families	do in the event.	I know to say no to something I don't	don't want to do.
	friendships feel good.		have in common and one way in		want to do.	
		I know how to explain what private	which families can be different.	My personal and private body		I know what peer pressure is.
	I know how to describe how to solve	and personal parts are and how they		parts and keeping safe	I know what peer pressure is.	
	a problem when a friendship goes	are identified.	I know how I would respond to	parts and keeping safe		So that I understand peer press
	wrong.		unkind, mean or bullying behaviour		So that I understand peer pressure	and that I can be confident to s
		So that I can understand all about	about my family or someone else's.	I know how to label the personal	and that I can be confident to say no.	
	So that I can identify what makes a	my body.		and private parts of bodies.		
	good friend and how to solve	my body.	I know who I can talk to if I am			Getting help
	friendship issues.		worried about anyone or anything in	I know the difference between	Getting help	
	,	Kaanina alaan and takina assa af	my family.	safe and unsafe touches.	, ,,	I know what Childline is and how
		Keeping clean and taking care of	my rumny.		I know what Childline is and how to	access it.
	My brilliant body	myself	Co that Toon and aget and bounts	I know that no one has the right to	access it.	400033 11.
	My Di illiani body		So that I can understand how to	touch them in a way that feels	uccess II.	There were the man and the latine has
	I know that all bodies are different.	I know the objects that are used to	get along with my family and know	unsafe - not even someone in their	The control of the first transfer	I know how to use my helping har
	I know that all bodies are different.	help keep someone clean and	who to talk to.	family.	I know how to use my helping hand; I	can identify who I can go to for
		healthy.			can identify who I can go to for help.	
	I know what is brilliant about my		Me, myself and I	So that I understand my personal		I know that I can talk about my
	body.	I know why it is important to keep	me, mysen and I	and private body parts are private.	I know that I can talk about my	problems and nothing is too awfu
		clean.	T know how to alcow account to	, , , , , , , , , , , , , , , , , , , ,	problems and nothing is too awful or	small to discuss.
1	I know what to do if someone says		I know how to show respect to others who are different to		small to discuss.	
	mean things about someone's body.	I know which things I can do for	• • • • • • • • • • • • • • • • • • • •	Body care		So that I understand who I can
		myself that looks after my body	themselves.	,	So that I understand who I can reach	out to if I need help.
	I know how to get help.	and which things I am learning to		I know at least one brilliant thing	out to if I need help.	
		do.	I know that I can tell you at least	3		Making Babies sexual intercour:
	So that I can understand about my		one thing I am good at.	about my body.		I know what is fertilisation thro
	body and know how to get help if	So that I can keep myself clean and		The annual islandaria of the first	Changes at puberty	sexual intercourse.
- 1	someone is being unkind.	know how to do this for myself.	I know I can tell you one thing they	I know which parts of the body I		
	<u>.</u>		can do to make myself feel better	particularly need to keep clean as I	I know some of the changes that will	I know how a baby is made and th
	Different families		if I am feeling down.	get older.	happen in my body and other bodies	different people use different
					during puberty.	methods to do this.
	T know different types of families			So that I understand how to keep		
	I know different types of families.			my body parts clean as I grow and		I know what consent means.
	- 1			change.		I ANOW WHAT CONSENT MEURS.
	I know similarities and differences					The supplies and the second
1	between different types of families.	I		Î.		I know the age of consent.

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		Condon about the and	I	T know who to talk to when T need	T
	11.	Gender stereotypes and		I know who to talk to when I need	
So that I can understand f		aspirations	People who can help us on and	help dealing with the changes at	So that I understand how a baby is
are similar but also differe	nt.		offline	puberty.	made through sexual intercourse and
		I know how to take part in a			how to give consent.
		discussion and respond respectfully	I know someone I can ask for help	I know I can ask for support for any	
		to someone I don't agree with.	if I need it.	changes that are difficult to manage.	Making babies – assisted fertility and
		10 compone 2 com agr co mm.	II I NEED II.		multiple births
		The condition of the state of t		C. that T and a standah and the share a	multiple births
		I know what a what a stereotype is.	I know what the CEOP reporting	So that I can understand the changes	
			symbol means.	in my body and who I can ask for	I know that some people have help to
		So that I can identify my own		support from.	become pregnant.
		aspirations and appreciate others	So that I understand how to keep		
		points of view and opinions.	safe on and offline.		I know why some people need
				Periods (menstruation)	assistance to make a baby.
					assistance to make a baby.
				I know what a period (menstruation)	
				' '	I know the difference between
				is.	identical and non-identical twins.
				I know ways to overcome possible	So that I understand that babies can
				problems from periods.	be made with assistance and that there
				i i	are multiple births.
				I know that menstruation is	are marriple on ms.
				1	
				something that most growing or	Making babies - pregnancy and birth
				grown-up girl's and women's bodies,	
				and some trans or non-binary people's	I know how long an average pregnancy
				bodies can do.	lasts.
				So that I understand what periods	I know why a pregnancy lasts
				are and how I can deal with any	approximately 40 weeks (9 months).
				problems.	approximately 40 weeks (5 months).
				problems.	
					I know why some things that should
					and should not be eaten in pregnancy.
				Wet dreams and masturbation	
					I know how babies are born (delivered).
				I know what wet dreams are.	
					So that I understand the stages of
				I know that some boys have wet	_
				dreams, and some don't.	pregnancy and birth.
				areams, and some don't.	
					T 1
				I know ways to manage wet dreams.	Identity and prejudice
				I know what masturbation is.	I know what key terms related to
					sexual orientation and gender identity
				So that I understand what about wet	there are.
				dreams.	
				di cuito.	I know what sexual orientation and
				Vacanina cofe	gender identity mean.
				Keeping safe - safe and unsafe	
				touch	I know what things shape our personal
					identity.
				I know why there is a need to ask and	
				receive permission (consent) for some	I know what prejudice means.
				types of touch.	=on mar projucted mound.
				77	

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		I know when physical contact feels unsafe and describe how to ask for help.	So that I understand what different gender identities there are and what it
		·	means.
		I know how to evaluate the importance of choice, control and time limit in making safer choices.	Equality and the law
		So that I understand what safe and	I know what discrimination is.
		unsafe touch is, to enable me to keep safe.	I know that groups of people are protected by the Equality Act.
		On and offline friendships	I know ways to challenge prejudice and discriminatory behaviour.
		I know how healthy friendships and relationships make me feel.	So that I understand what equality means and how the law protects us.
		I know what online bullying is.	
		I know to tell someone if I see something that is upsetting or shocking online.	
		So that I understand what a safe friendship is online and how to ask for help.	
		Keeping safe – online images	
		I know why posting pictures online could be risky.	
		I know the law about sharing pictures of a child's personal and private body parts.	
		I know how to help a friend who has made a 'mistake' online.	
		So that I understand what a safe image is and how I can support friends.	