

PE Curriculum Vocabulary

This booklet contains all our mapped out Tier 2 and Tier 3 vocabulary across our PE Curriculum from EYFS through to Year 6.

	What are Tier 2 and Tier 3 words?
Tier 2	Tier 2 words are words which pupils are likely to encounter across their writing, in written texts and in more formal situations. These words are less likely to appear in
	everyday conversation vocabulary used by the pupils. Tier 2 words are deliberately mapped across year groups, ensuring pupils encounter rich, transferable language.
Tier 3	Tier 3 words are low-frequency, subject-specific vocabulary used within a particular discipline or field of study. These words are often technical or specialized and are
	not commonly used in everyday conversation.

	How we learn vocabulary
Talk in school	Each half term, children will be introduced to new vocabulary. We will use 4 strategies to help children learn the new words. During the school day, children will be exposed to and
	learn Tier 2 words by:
h everything we do, we	See it – Children are exposed to the new word (one at a time), see the word in written form, link it to pictures and actions, teachers provide a child friendly definition of the word,
Sea at 100 Say it 1 1	teachers explain how the word is used in sentences and different situations.
Lourn III & Use at 1	Say it – Children will practise saying the word for the correct pronunciation, both in isolation and in sentences.
Limit in Co. Use iii 1	Learn it – Children will connect to prior knowledge: helping them to link new words to words they already know. They will explore word parts: prefixes, suffixes, and roots to help
	pupils decode and understand new words. Children will compare and contrast words, analyse their meanings, and explore their nuances. Finally, we will help children see how new
	words relate to their own lives and experiences.
	Apply it – Children will apply the new vocabulary into verbal and written contexts and sentences, across all areas of the curriculum.
Talk at home	This booklet contains all the Tier 2 and Tier 3 vocabulary your child will be exposed to in school, it is broken into half termly learning. As research promotes the use of repetition to
	learn new vocabulary and embed into children's knowledge, we ask parents to support the learning of the vocabulary at home too. The more children are exposed to and repeat
	each Tier 2 or Tier 3 word, the more successfully they will retain and be able to use the vocabulary. Therefore, you can support at home by pre-teaching your child the vocabulary for
	that half term. Ideas for how to do this could be: magnetic letters on the fridge, word splat with flashcards, talking about the words as a family and putting into a sentence, checking
	your child's understanding of the word and writing in sand! A useful blog with more ideas can be found here: https://bedrocklearning.org/literacy-blogs/21-fun-ways-to-improve-
	your-child-s-vocabulary/

Invasion	Net and Wall	Sending and Receiving	Striking and Fielding	Target Games
Football, Tag Rugby, Hockey,	Tennis	Ball skills	Cricket, Rounders	Dodgeball
Netball, Basketball				



	EYFS PE										
Strand	Block 1:	Block 2:	Block 3:	Block 4:	Block 5:	Block 6:	Block 7:	Block 8:	Block 9:		
	Fundamentals	Fundamentals	Gymnastics	Ball Skills	Games	Ball Skills	Games	Athletics	Dance		
Tier 2	bend, direction	balance, rules	around, copy, through, shape	points	caught, space	partner	lose	safely	high, move, position, low		
Tier 3	balance, land, travel	slide	star, hold, rock, squeeze, straight	bounce, catch, dribble, score, target	jog, team, turn	dribble, throw	aim, gallop, tag	jump	action, counts		

				Year 1 PE					
Strand	Block 1: Ball Skills	Block 2: Target Games	Block 3: Gymnastics	Block 4: Sending and receiving	Block 5: Invasion Games	Block 6: Net and wall	Block 7: Striking and fielding	Block 8: Athletics	Block 9: Dance
Tier 2	control, position, swing, track, ready	further, swing, balance	action, direction, speed, balance, movement	batting, bowl, team	dodge, goal, mark, track	track	bowl, track		beat, level, pose
Tier 3	underarm	distance, overarm		batter, bowler, fielder, fielder	attacker, defender	racket		leap	pathway, timing



				Year 2 PE					
Strand	Block 1: Ball Skills	Block 2: Target Games	Block 3: Gymnastics	Block 4: Sending and receiving	Block 5: Invasion Games	Block 6: Net and wall	Block 7: Striking and fielding	Block 8: Athletics	Block 9: Dance
Tier 2	collect, prepare, receive, release	accurate, ahead, teammate	pathway, sequence	send, teammate, return	attack, defend, possession	against, trap		aim, distance	expression, speed, perform, matching
Tier 3		opponent, strike	link, pike, straddle, tuck		goalkeeper, shoot, tactic		backstop, runs, stump	sprint, landing, take off	mirroring, dynamics, unison

				Year 3 PE					
Strand	Block 1: Ball	Block 2:	Block 3:	Block 4:	Block 5:	Block 6:	Block 7:	Block 8:	Block 9:
	Skills	Football	Gymnastics	Hockey	Basketball	Cricket	Tennis	Athletics	Dance
Tier 2	accurate,	attack,	contrast, patch,	receiver		grip	react, co-	event,	extend,
	power,	communicate,	flow, match				operation	strength,	feedback
	technique,	control, shoot						speed	
	track								
Tier 3	block,	defend, delay,	tension, extend,	opposition,	court, umpire	run out, strike,	backhand,	baton	canon,
	opponent,	invasion, pitch,	landing position,	intercept		caught out, no	forehand,		formation
	personal best,	referee,	point, take off			ball, short	rally		
	possession	tactics,				barrier, wicket			
		tournament							



				Year 4 PE					
Strand	Block 1: Ball	Block 2:	Block 3:	Block 4:	Block 5:	Block 6:	Block 7:	Block 8:	Block 9:
	Skills	Football	Gymnastics	Dodgeball	Basketball	Cricket	Tennis	Athletics	Dance
Tier 2	decision,	accelerate,	fluidly,	adjust, avoid,	protect, gain,	compete,	alternate,		action,
	pressure,	limit	momentum,	decision,	obstruct, limit	retrieve	continuous,		reaction
	react		perform, stability	relaxed,			receiver		
				support					
Tier 3	cushion,	offside, tackle,	bridge, inverted,				reflect,	heave,	phrase,
	momentum	onside	shoulder stand,				swing	pace, stride,	rhythm,
			rotation, wrist					stamina,	structure
			grip					transfer	
								weight	

				Year 5 P	E				
Strand	Block 1:	Block 2:	Block 3:	Block 4:	Block 5:	Block 6:	Block 7:	Block 8:	Block 9:
	Football	Tag Rugby	Gymnastics	Dodgeball	Hockey	Tennis	Rounders	Athletics	Dance
Tier 2	angle		mirroring, quality, transition	align		consecutive			
Tier 3	sporting behaviour, rebound	barrier, close down, sportsmanship	asymmetrical, cartwheel, synchronisation	officiate, par	dominant, drive, stance	groundstroke, serve, non- dominant	deep catch, close catch, long barrier	javelin, shot put, field	choreograph, choreography, genre, posture, motif



				Year 6 PE					
Strand	Block 1:	Block 2:	Block 3:	Block 4:	Block 5:	Block 6:	Block 7:	Block 8:	Block 9:
	Football	Tag Rugby	Gymnastics	Dodgeball	Hockey	Tennis	Rounders	Athletics	Dance
Tier 2		dictate, assess	aesthetics,	collaborate,	contest	placement,	abide	maximum,	
			competent,	anticipate		thrust		strategy	
			execution						
Tier 3	transition		counter tension,	trajectory	ball side,	service,		fling, phase,	stimulus,
			engage,		turnover	doubles		discus	refine
			handstand, vault,						
			flight, counter						
			balance						